



Premature baby
cardigan, hat and
bootees in 3 sizes

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Cardigan, hat and booties for premature baby

Materials

2-3lb baby

75g 3-ply yarn (US: fingering)

Needles: One pair of 2 ¼ mm(UK 13)(US 1)

3-5lb baby

100g of 4 ply yarn (US: sport)

Needles: One pair of 3 ¼ mm(UK 10)(US 3) and one

pair of 2 ¾ mm(UK 12)(US 2)

5-8lb baby

150g DK yarn (US: light worsted)

Needles: One pair of 3 ¾ mm (UK9) (US5) and one pair of 3mm (UK 11) (no US equiv, use US 3)

All sizes

5 buttons

Ribbon for booties (or you can make twisted cord if preferred from yarn)

Abbreviations

K: knit

P: purl

St-st: Stocking stitch

2x2 rib: K2, P2 rib

Dec: decrease by knitting 2sts tog

Inc: increase by knitting into front and back of stitch

Sl 1: slip next stitch

Pssso: Pass slipped stitch(es) over

Yfwd: Yarn forward

Yrn: yarn round needle

K2 tog: knit next 2 stitches together

Rs: right side

Ws: wrong side

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Tension (in st-st)

3-ply: 32 stitches and 40 rows to 10 cm. (4 inches) on a 3 ¼ mm (US 3) needle.

4-ply: 28 stitches and 36 rows to 10 cm. (4 inches) on a 3 ¼ mm (US 3) needle.

Double knitting: 22 stitches and 30 rows to 10 cm. (4 inches) on a 4 mm (US 6) needle.

***The pattern is written using the terms 'larger' and 'smaller' needles. For each size given (except the smallest size) there are 2 sizes of needle given. Use the larger where stated in patt and smaller of these where stated in patt. For the smallest size use the same needles throughout.*

Cardigan

Back

Using smaller needles cast on 54sts and work 6 rows in 2x2 rib, increasing one st in centre of last row (55sts)

Change to larger needles and continue in pattern as below.

Row 1: *K3, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K3; rep from * to end

Row 2 and alt rows: P

Row 3: K2, *K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K2, yfwd,

K2tog; rep from * to last 9sts, K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K2

Row 5: K3, *K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K1, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso; rep from * to last 8sts, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K3

Row 7: K8, *K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K4; rep from * to last 3sts, K3

Row 9: K7, *K2tog, yfwd, K5, yfwd, Sl 1, K1, pssso, K2; rep from * to last 4sts, K4

Row 11: K6, *K2tog, yfwd, K7, yfwd, Sl 1, K1, pssso; rep from * to last 5sts, K5

Row 13: K5, *yfwd, Sl 1, K1, pssso, K9; rep from * to last 6sts, yfwd, Sl 1, K1, pssso, K4

Row 15: K5, *K2tog, yfwd, K9; rep from * to last 6sts, K2tog, yfwd, K4

Row 16 (alt): P

Repeat rows 13-16 twice more, decreasing one stitch in centre of last row (54sts).

Shape armholes

Keeping pattern correct as set by repeating rows 13-16, cast off 3sts at beg of next 2 rows. (48sts)

Continue in pattern as set for a further 22 rows.

Shape shoulders

Cast off 14sts, K19 (20sts on rh needle), cast off rem 14sts. Leave these 20sts on holder.

Left front

Using smaller needles cast on 24sts and work 6 rows in 2x2 rib. Change to larger needles and cont in patt as follows:

Row 1: K5, *K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K6, K2tog, yfwd, K1, yfwd, sl 1, K1, pssso, K3

Row 2 and alt rows: P

Row 3: K4, K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K2, yfwd, (K2tog) twice, yfwd, K3, yfwd, Sl 1, K1, pssso, K2

Row 5: K5, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K1, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K3

Row 7: K10, K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K7

Row 9: K9, K2tog, yfwd, K5, yfwd, Sl 1, K1, pssso, K6

Row 11: K8, K2tog, yfwd, K7, yfwd, Sl 1, K1, pssso, K5

Row 13: K7, yfwd, Sl 1, K1, pssso, K9, yfwd, Sl 1, K1, pssso, K4

Row 15: K7, K2tog, yfwd, K9, K2tog, yfwd, K4

Row 16 (alt): P

Repeat rows 13-16 twice more.

Shape armhole

Cast off 3sts, pattern to end. (21sts)

Continue in pattern for a further 12 rows.

Shape neck

Cast off 3sts, pattern to end (18sts) Decrease one stitch at neck edge on next 4 rows, continuing pattern at shoulder edge only. (14sts)

Continue straight in pattern for a further 6 rows. Cast off rem 14sts.

Right front

Using smaller needles cast on 24sts and work 6 rows in 2x2 rib. Change to larger needles and cont in patt as follows:

Row 1: *K3, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K3; rep from * to last 2sts, K2

Row 2 and alt rows: P

Row 3: K2, K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K2, yfwd, (K2tog) twice, yfwd, K3, yfwd, Sl 1, K1, pssso, K4

Row 5: K3, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K1, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K2tog, yfwd, K1, yfwd, Sl 1, K1, pssso, K5

Row 7: K8, K2tog, yfwd, K3, yfwd, Sl 1, K1, pssso, K9

Row 9: K7, K2tog, yfwd, K5, yfwd, Sl 1, K1, pssso, K8

Row 11: K6, K2tog, yfwd, K7, yfwd, Sl 1, K1, pssso, K7

Row 13: K5, yfwd, Sl 1, K1, pssso, K9, yfwd, Sl 1, K1, pssso, K6

Row 15: K5, K2tog, yfwd, K9, K2tog, yfwd, K6

Row 16 (alt): P

Repeat rows 13-16 twice more, and row 13 once.

Shape armhole

Cast off 3sts, pattern to end. (21sts)

Continue in pattern for a further 12 rows.

Shape neck

Cast off 3sts, pattern to end (18sts) Decrease one stitch at neck edge on next 4 rows, continuing pattern at shoulder edge only. (14sts)

Continue straight in pattern for a further 5 rows. Cast off rem 14sts.

Sleeves

Using smaller needles cast on 30sts and work 7 rows in 2x2 rib.

Increase

P2, *inc in next st, P1; repeat from * to end (44sts)

Change to larger needles and work 16 rows of pattern as for cardigan back, then repeat rows 13-16 5 times so a total of 36 rows of pattern worked. Cast off.

Neckband

Join shoulder seams. Using smaller needles pick up and K 14sts up right hand neck, knit the 20sts from back holder and pick up and K 14sts down left front neck. Work 5 rows in 2x2 rib. Cast off in rib.

Buttonband

Using smaller needles pick up and K 38sts up right hand front. Work 5 rows in 2x2 rib. Cast off in rib.

Buttonhole band

Using smaller needles pick up and K 38sts down left hand front. Work 3 rows in 2x2 rib.

Buttonhole row: Rib 2, *yfwd (or yrn if required), K2tog, rib 6; rep from * to last 4sts, K2tog, yfwd (or yrn if required), rib 2.

Work 1 more row in 2x2 rib.

Cast off in rib.

Making up

Sew sleeves in place. Joins sleeve and side seams. Sew on buttons.

Hat

Using smaller needles cast on 78sts and work 6 rows in 2x2 rib, decreasing one stitch in centre of last row. (77sts)

Change to larger needles and continue in pattern as for cardigan back for 16 rows. Repeat rows 13-16 twice so a total of 24 rows worked.

Decrease

Row 1: K5, *yfwd, Sl 1, K1, pssso, K3, Sl 1, K2tog, pssso, K3; rep from * to last 6sts, yfwd, Sl 1, K1, pssso, K4

Row 2 and alt rows: P

Row 3: K5, *K2tog, yfwd, K2, Sl 1, K2tog, pssso, K2; rep from * to last 6sts, K2tog, yfwd, K4

Row 5: K5, *yfwd, Sl 1, K1, pssso, K1, Sl 1, K2tog, pssso, K1; rep from * to last 6sts, yfwd, Sl 1, K1, pssso, K4

Row 7: K5, *K2tog, yfwd, Sl 1, K2tog, pssso; rep from * to last 6sts, K2tog, yfwd, K4

Row 9: *K2tog; rep from * to last st, K1

Break yarn and fasten off tightly.
Sew seam to edge.

Bootees

Using larger needles cast on 44sts and work rows 1-12 of pattern as for cardigan back.

Decrease

K2, *K2tog, K1; rep from * to end (30sts)

Next row: K

Next row: K1, *yfwd, K2tog; rep from * to last st, K1

Next row: K

Shape instep

Row 1: K19, turn

Row 2: P8, turn

Work 8 rows in st-st on these 8sts.
Break yarn.

Continuing from the 11sts on rh needle, pick up and K 6sts up right hand side of instep, K across the 8sts of instep, pick up and K 6sts down left hand side of instep, then K across the 11sts on needle (42sts)

Next row: P17, increase in next st, P6, increase in next st, P17 (44sts)
Continue in st-st for 12 rows.

Sole edge: Using right hand needle pick up the 1st st of the row 4 rows

below, slip onto left hand needle and knit this and the 1st st on needle together. Continue this all along row, picking up the corresponding stitch 4 rows below next stitch. This produces a neat sole edging.

Shape sole

Row 1: K2, *K2tog, K4; rep from * to end (37sts)

Row 2: K2tog, K14, K2tog, K1, K2tog, K14, K2tog

Row 3: K

Row 4: K2tog, K12, K2tog, K1, K2tog, K12, K2tog

Row 5: K

Cast off remaining sts.

Making up

Fold bootee in half and join sole seam. Join back seam. Thread ribbon through eyelet holes to tie.